Alcohol and Pregnancy

By: Jarrett L. Kelly C. and Candace F.

(Jarrett)Candace: Alcohol and Pregnancy by Candace F., Kelly C., and Jarrett L.

Kelly: One of the most severe effects of drinking during pregnancy is Fetal Alcohol Syndrome. Fetal Alcohol Syndrome is a congenital medical condition in which the body deformation or mental ability is impaired because a mother drinks any amount of alcohol during pregnancy.

Jarrett: signs and symptoms are Heart Defects (like atrial septal defect), sleep problems, learning disorders, deformities like joints, limbs, and fingers, and distinctive facial features.

(Kelly)Candace: After realizing that you have been drinking alcohol more than you wanted you will become depressed because you are addicted to the substance.

Jarrett: The main effect of Fetal Alcohol Syndrome is permanent damage to your central nervous system, (like the brain). FETAL ALCOHOL SYNDROME WILL LAST FOR A LIFETIME AND THERE IS NO CURE!!

Kelly: Taking even one drink is like playing Russian roulette with your baby’s health.

Jarrett: Drinking alcohol can cause miscarriages, still births, and premature deliveries.

Kelly: Sexually active women should use birth control and/or control alcohol consumption.

(Kelly)Candace: Questions

Jarrett: True or False? Drinking ***small amounts*** of alcohol while pregnant is ok.

Kelly: Which is Not a sign/symptom?

a. heart defects b. learning disorders

c. aggressive behavior d. Deformities

(Jarrett)Candace: True or false? The main effect of Fetal alcohol syndrome is permanent damage to your heart.